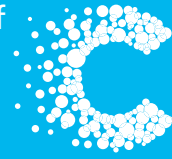


in aid of



CANCER  
RESEARCH  
UK

IT'S  
BACK!



# Man on the Run

Join hundreds of other men and boys running to beat male cancer, in our BIGGEST ever 'Man On The Run' - a 5K run or walk for men only.



Now in  
our 10th  
year!

**Sunday 6 July 2014**  
**Starts 11am**  
**Hampton Pier Avenue,**  
**Herne Bay.**



Enter at [www.manontherun.org](http://www.manontherun.org), complete the form on the reverse of this flyer or call **07711 431442**. Entry fee adults £12 | under 18's £6

Supported by: R&R Training | Canterbury Harriers | Team Buckley | Dave Hammond Photography | Run & Race. Organised by Sarah Gower, Volunteer for Cancer Research UK. Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666), and the Isle of Man (1103).

# Individual Registration Form

Please ensure you fill in **ALL** sections of the form in **BLOCK CAPITALS**. Man on the Run is for men only and we advise that if you are under 18 you take part with a male adult.

**Your Details** (if you are under 18 please get your parent/guardian to sign declaration):

**Title:** \_\_\_\_\_ **Forename:** \_\_\_\_\_ **Surname:** \_\_\_\_\_

**Date of Birth:** \_\_/\_\_/\_\_\_\_

**Home Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ **Postcode:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Telephone numbers** (please include STD code):

**Home:** ( \_\_\_\_\_ ) \_\_\_\_\_ **Mobile:** \_\_\_\_\_

**Entry Fee Enclosed:** £ \_\_\_\_\_ **Entry fee:** **Men** £12 **Boys (under 18)** £6

**Signature:** \_\_\_\_\_

**Where did you hear about the event?** \_\_\_\_\_

Cheques should be made payable to **MAN ON THE RUN**. Please send cheques and registration form to:

**Man on the Run, 7 Craddock Drive, Canterbury, Kent, CT1 1DJ.**

Please allow 10 days for your race pack. Your race pack will include your race number and sponsorship form. All race entry fees and money raised from sponsorship will be used by Cancer Research UK for prevention, detection and treatment of cancers that affect men.

**Declaration:** By signing the registration form, I understand that:

- I should seek medical advice from my GP if I am in any doubt as to my physical ability to take part in the event.
- I am entering this event entirely at my own risk. Cancer Research UK cannot be held responsible in any way for loss or injury to myself or any other party, howsoever arising.
- I pledge that ALL money raised by myself will be transferred to Cancer Research UK.
- I understand that Cancer Research UK and its associated companies (and companies processing data on its behalf) will hold and use data provided by me in connection with the above named event for administration purposes, to keep me informed of its activities and for occasional fundraising appeals. If you would prefer not to receive future mailing please tick this box

**For any more information please contact Sarah Gower on 07711 431442  
or email [sarah@manontherun.org](mailto:sarah@manontherun.org)**